

## Biological Effect of Silver-modified Nanostructured Titanium Dioxide in Cancer

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**Abstract.** Background/Aim: Nanomedicine is a promising scientific field that exploits the unique properties of innovative nanomaterials, providing alternative solutions in

diagnostics, prevention and therapeutics. Titanium dioxide nanoparticles (TiO<sub>2</sub> NPs) have a great spectrum of photocatalytic antibacterial and anticancer applications. The chemical modification of TiO<sub>2</sub> optimizes its bioactive performance. The aim of this study was the development of silver modified NPs (Ag/TiO<sub>2</sub> NPs) with anticancer potential. Materials and Methods: Ag/TiO<sub>2</sub> NPs were prepared through the sol-gel method, were fully characterized and were tested on cultured breast cancer epithelial cells (MCF-7 and MDA-MB-231). The MTT colorimetric assay was used to estimate cellular viability. Western blot analysis of protein expression along with a DNA-laddering assay were employed for apoptosis detection. Results and Conclusion: We show that photo-activated Ag/TiO<sub>2</sub> NPs exhibited significant cytotoxicity on the highly malignant MDA-MB-231 cancer cells, inducing apoptosis, while MCF-7 cells that are characterized by low invasive properties were unaffected under the same conditions.

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**Key Words:** Nanomedicine, nanostructured titanium dioxide, silver-modified titanium dioxide, photocatalysis, cytotoxicity, apoptosis, anticancer properties.

Nanomedicine is an emerging inter-disciplinary scientific field that exploits the unique properties of innovative

nanomaterials, providing alternative solutions in diagnostics, prevention and therapeutics (1). In this framework, nanostructured titanium dioxide ( $\text{TiO}_2$ ) has been thoroughly studied. The physical and chemical stability of  $\text{TiO}_2$ , high semi-conducting catalytic activity, interesting optoelectronic properties, low cost (2), high oxidative activity and relative ease of production are the main characteristics of this nanomaterial and for these reasons its potential has been exploited in various applications. Nowadays, since the pandemic emerged, a large number of masks and uniforms require sterilization more than ever before. Thus, photocatalysts, such as  $\text{TiO}_2$  are promising candidates to provide protection even against SARS-CoV-2, offering bactericidal and virucidal activity. Due to the biocompatibility and the great spectrum of anticancer and antimicrobial properties,  $\text{TiO}_2$  is utilized in various biomedical applications, such as in drug delivery systems (DDS), in molecular imaging as well as in alternative therapeutic approaches, in parallel with conventional methods or in replacement of them (3, 4).

$\text{TiO}_2$  can cause cytotoxicity (5) and induce apoptosis (6, 7). Various studies indicate that  $\text{TiO}_2$  nanoparticles (NPs) can interfere through EGFR signaling pathways (8), leading to the inhibition of cell proliferation and survival, inducing senescence or apoptosis. During the early stages of cancer, senescence can act as an additional anti-cancer barrier, by inhibiting the propagation of incipient cancer cells, as apoptosis does (9). Intriguingly, senescence is also characterized by tumor promoting properties through a related secretory activity termed senescence associated secretory phenotype (SASP) (9). In this context, innovative alternative theranostics based on nanomedicine might focus on targeting of senescent cells (10).

The uptake of  $\text{TiO}_2$  NPs in the cells, perhaps, can be achieved through endocytosis and passive diffusion. Since  $\text{TiO}_2$  NPs behave as photocatalysts, when they are excited by photon energy derived from ultraviolet light (UV-A), pairs of holes and electrons are generated, reacting with the available water and oxygen, yielding reactive oxygen species (ROS) (11). This phenomenon can take place when  $\text{TiO}_2$  NPs enter the cell and since the produced free radicals might be potentially very harmful (12),  $\text{TiO}_2$  NPs may prove efficient damaging agents against crucial biomolecules of cancer cells. If this event is triggered controllably, it can specifically target the cancer cells, sparing the healthy ones. Such a scenario may be considered as the basis for the design and development of alternative therapeutic approaches.

The photocatalytic properties can be improved by several strategies. Chemical modification, dye-sensitization and coupling are among the most common techniques that are used for intervening in the properties of synthesized materials. Each of these methods is characterized by specific advantages and disadvantages (13). Chemical modification

with metals or non-metals governs the physical-chemical properties of  $\text{TiO}_2$ , optimizing its photocatalytic and bioactive performance (14). Silver is used as a dopant, since it has the ability to trap the photo-excited electrons from  $\text{TiO}_2$ , allowing to the holes remain active (15). Thus, surface modification with silver reduces the recombination between the short-lived photoelectrons of the conduction band and the positive holes of the semiconductor band. Furthermore, silver particles have the ability to facilitate the electron excitation, since they can generate a local electric field (16). This field can be reasonably enhanced by the plasmon resonance effect due to the presence of the silver particles. According to many studies, chemical modification with silver increases the Specific Surface Area (SSA) of the  $\text{TiO}_2$ , improving its photocatalytic activity (17). In fact, silver modification promotes the ROS generation (18) prolonging the bioactivity duration of the  $\text{TiO}_2$  NPs.

The aim of this study was the development of silver-modified  $\text{TiO}_2$  NPs ( $\text{Ag/TiO}_2$  NPs) with anticancer potential upon photoexcitation. The cytotoxic effects of  $\text{Ag/TiO}_2$  NPs were examined on two cancer cell lines, derived from breast epithelium: a) MDA-MB-231 (human breast adenocarcinoma, highly invasive) and b) Michigan Cancer Foundation (MCF)-7 (low metastatic potential). Consequently, the cytotoxicity mechanisms induced by  $\text{Ag/TiO}_2$  NPs were investigated, showing that  $\text{Ag/TiO}_2$  NPs led to significantly higher cytotoxicity a significant the malignant MDA-MB-231 cancer cells, inducing apoptosis upon irradiation with UV-A light, while MCF-7 cells were not considerably affected.

## Materials and Methods

*Preparation of  $\text{Ag/TiO}_2$  NPs.*  $\text{Ag/TiO}_2$  NPs were prepared through the sol-gel technique. Titanium (IV) butoxide (20 ml) was added in acidified aquatic solution under vigorous stirring. Then 30 ml of 1-butanol were added, leading to the formation of a clear sol-gel. An amount of silver nitrate ( $\text{AgNO}_3$ , Sigma-Aldrich, Darmstadt, Germany) was dissolved into deionized water and a final  $\text{AgNO}_3$  solution of 0.75% w/v was obtained. Stirring for 24 h at room temperature (RT) followed. The pre-synthesized suspension was transferred into a stainless-steel chamber (autoclave) lined with Teflon material and was treated at  $100^\circ\text{C}$  for 12 h, *via* the hydrothermal process. The precipitates were allowed to dry at  $400^\circ\text{C}$  for 6 h and were purified, resulting in the production of  $\text{Ag/TiO}_2$  NPs (19). The whole procedure was implemented in the dark.

*Characterization of  $\text{Ag/TiO}_2$  NPs.* The synthesized nanopowders were characterized with respect to powder size, morphology, zeta-potential and bandgap. For this reason, X-ray diffraction (XRD), micro-Raman Spectroscopy, Infrared Spectroscopy, UV-Vis Spectroscopy, field emission gun scanning electron microscope, X-ray photoelectron spectroscopy and dynamic light scattering were employed.

The crystal phase determination and the crystallite size estimation of the  $\text{Ag/TiO}_2$  NPs were carried out through the XRD method. X-ray diffraction analysis was held at a Siemens D-5000 diffractometer, operating at 40 kV and 35 mA with a  $\text{Cu-K}\alpha$

radiation  $\lambda$  of 1.54 Å. The measurements were held at a 2-theta angle, a range between 20° and 80° and a scanning rate 0.1°/min. The surface topography of the Ag/TiO<sub>2</sub> NPs was studied by a field emission gun scanning electron microscope (FEG-SEM, FEI Quanta 200F, FEI Company, Hillsboro, OR, USA). Prior to FEG-SEM investigations, 1 mg of powder were placed at the carbon tape and evaporated by gold to ensure conductivity.

Raman spectroscopy was applied to clarify the complexity of the structure of the produced Ag/TiO<sub>2</sub> NPs. The Raman device used was the inVia model from Renishaw (inVia, Renishaw, Wotton-under-Edge, Gloucestershire, UK). For measurement needs, a high power near infrared (NIR) diode laser ( $\lambda=785$  nm) and a solid-state laser ( $\lambda=532$  nm) were used as excitation sources, at RT in backscattering configuration. To avoid local heating and phase transformation, a  $\times 100$  short distance magnification lens, of low excitation power guided the laser beam, focusing onto the samples. The calibration of the frequency shifts was achieved through an internal Si reference. 3-4 spots were taken for each sample, with an exposure time of 30 s and 2-10 accumulations.

The surface chemical states of the Ag/TiO<sub>2</sub> NPs were analyzed by X-ray photoelectron spectroscopy (XPS-Particle size analyzer, Thermo K-Alpha). An ultra-high vacuum system (UHV), with base pressure  $1 \times 10^{-9}$  mbar, equipped with a monochromatic AlK $\alpha$  line at 1,486.6 eV was used for the photoemission experiments. A fitting routine was utilized for the XPS core level spectra analysis. This routine allowed the decomposition, of each spectrum into individual mixed Gaussian-Lorentzian peaks after a Shirley background subtraction. The powder-like samples had to be pressed in stainless steel pellets before the measurement. Survey spectra were acquired with a pass energy of 200 eV and a total of 10 scans with an energy step size of 1 eV. Valence band spectra were acquired using a pass energy of 50 eV and a total of 20 scans with an 0.1 eV energy step. High resolution scans of relevant elements were acquired with a pass energy of 50 eV and a total of 10 scans with an energy step size of 0.1 eV.

A UV-Vis spectrometer (U-3010, Hitachi, Tokyo, Japan) with an integrating sphere (50 mm) that allows diffuse reflectance measurements was used for the determination of the band gap ( $E_g$ ) of the Ag/TiO<sub>2</sub> NPs. The light source was a deuterium lamp (DH2000), providing the light in the range of 210 nm – 1000 nm.

Finally, the size estimation and the zeta-potential of the Ag/TiO<sub>2</sub> NPs were determined *via* dynamic light scattering (DLS) by utilizing Zeta Sizer nano S (Malvern Inst., Malvern, UK). The average distribution of the NPs was estimated in aqueous dispersions, measured at different pH values (from 2 to 8) as it had been described previously in Lagopati *et al.* (6).

**Cell culture.** Two different cancer cell lines [MDA-MB-231 (human breast adenocarcinoma, highly invasive, ATCC - LGC Standards GmbH, Wesel, Germany) and Michigan Cancer Foundation MCF-7 (low metastatic potential, ATCC - LGC Standards GmbH)], both derived from breast epithelium, were used for the need of the experiments, focusing on the anticancer effect of Ag/TiO<sub>2</sub> NPs. The cells were cultured in 75 cm<sup>2</sup> flasks or petri dishes, in Dulbecco's modified Eagle's medium (DMEM) that was supplemented with 10% fetal bovine serum (FBS), 1% sodium pyruvate, 1% L-glutamine, and antibiotics (BioWest, Nuaille, France); They were incubated at 37°C in a 5% CO<sub>2</sub> incubator. Moreover, trypsin-EDTA: 0.05%/0.02% (w/v) (Gibco BRL, Life Technologies, Thermo Scientific, Paisley, UK) was utilized for the collection of cells (7).

**Effect on cell proliferation.** A cell population of about 100,000 cells/well was cultured in 6-well plates, in order to investigate the effect of the Ag/TiO<sub>2</sub> NPs on proliferation. Increasing concentrations of Ag/TiO<sub>2</sub> NPs dispersions were added to the appropriate plates, 24 h after plating. The samples were irradiated for 10 min, using four parallel UV-A light lamps (wavelength 350 nm, 3 mW cm<sup>-2</sup>, Sylvania, OH, USA), into a lab-made photoreactor.

To avoid thermal effects, due to the possible temperature increase, a venting system was incorporated into the photoreactor and the samples were irradiated at a distance of 20 cm away from the lamps. The cells were allowed to rest for 24 h and were then stained with Trypan Blue and counted utilizing a hemocytometer (Neubauer, Corning, the Netherlands) and an Optical Microscope (OLYMPUS IM, Olympus Deutschland GmbH, Hamburg, Germany) (20). Measurements were taken until 96 h after illumination and the experimental procedure was repeated at least three times in triplicate.

**Cell-viability analysis (MTT assay).** 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium bromide (MTT) colorimetric assay Thiazolyl Blue Tetrazolium Bromide, M5655, Sigma-Aldrich, Darmstadt, Germany) was employed for the estimation of cell viability. Based on the functional principle of the MTT Assay and considering that the highest the number of viable cells, the highest the level of the formazan products, and consequently the highest the optical density value (21), the quantitation of cell viability, was achieved through the use of a multi-well scanning spectrophotometer (enzyme-linked immunosorbent assay reader). The optical density was measured at 570 nm and also at 650 nm, for normalization against the background (22).

For the experimental needs of the MTT assay, MCF-7 and MDA-MB-231 cells (~10.000 cells/well) were cultured in 96-well plates. Increasing concentrations of the Ag/TiO<sub>2</sub> NPs were added to the appropriate samples, 24 h after plating. Afterwards, the samples were irradiated using UV-A light for 10 min, and allowed to rest for 48 h.

According to the protocol that it has already described in a previous study of Lagopati *et al.* (7), the optical density was measured and the percentage of viability was estimated compared to untreated cells. The experiment was repeated five times in quadruplicate with similar results.

**Western blotting.** Western blotting experiments were performed to investigate the effect of the Ag/TiO<sub>2</sub> NPs on caspase-mediated poly(adenosine diphosphate ribose) polymerase (PARP) cleavage, as an indication of selective cell apoptosis. A protocol that was previously described in the study of Lagopati *et al.* (6) was employed for cell lysis and protein quantitation. Membranes were probed with anti-PARP (9542; Cell Signaling Technology, Bioline Scientific, Athens, Greece), anti-Bcl-2 (sc-7382), anti-Bcl-xL (sc-8392), anti-Bax (sc-7480), and anti-Bad (sc-9292) (Santa Cruz Biotechnology, Dallas, TX, USA) antibodies. An enhanced chemiluminescence detection system (Life Technologies, Thermo Scientific, Paisley, UK) was used for the protein detection, after incubation with horseradish peroxidase-conjugated secondary antibodies (GE Healthcare, Life Sciences, Amersham, Little Chalfont, Buckinghamshire, UK). The blots were stripped (Merck Millipore ReBlot Plus Kit and Reagents, Thermo Scientific) and reprobed with anti- $\beta$ -tubulin (ab179511) monoclonal antibodies (Abcam, Cambridge, UK). Three independent experiments were implemented.

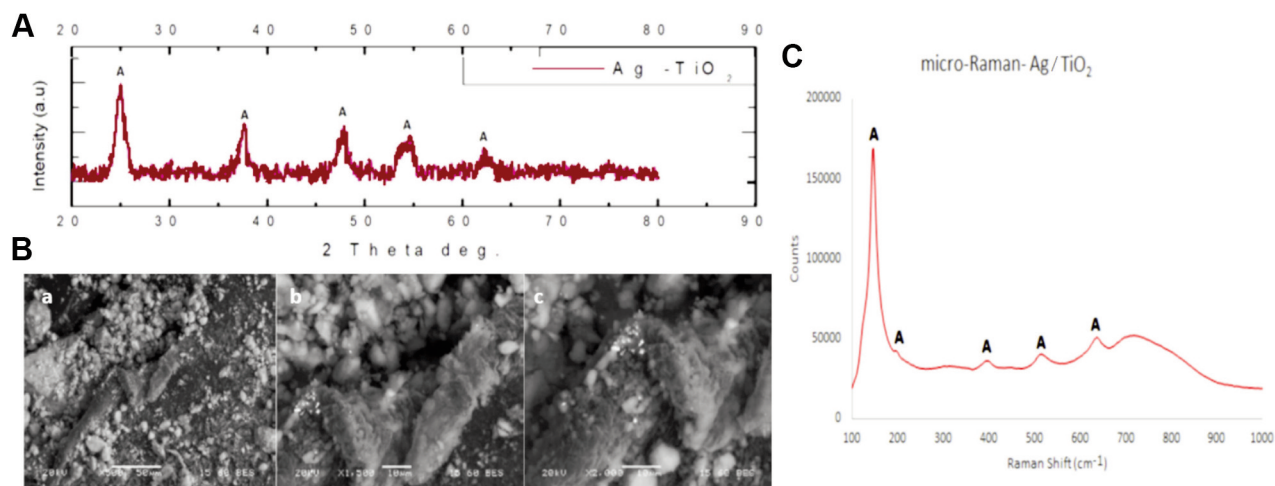


Figure 1. (A) X-ray diffraction patterns (XRD) of Ag/TiO<sub>2</sub> NPs (silver-modified TiO<sub>2</sub> nanoparticles). Anatase (A) is the dominant crystal phase of Ag/TiO<sub>2</sub>, with the highest intensity diffraction peak of anatase being at (2θ)=25.35° (2-theta angle), corresponding to (1 0 1) crystal plain. All the other detected peaks of A which are spotted are in accordance with the ICDD File No 03-065-5714. (B) FEG-SEM (Field emission gun scanning electron microscope) images of Ag/TiO<sub>2</sub> NPs at ×500 (a), ×1,500 (b) and ×2,000 magnification (c). (C) Raman spectrum of Ag/TiO<sub>2</sub> NPs. The spectrum identifies the formation of single anatase nano-crystalline phase, as all the peaks corresponding to the Raman fundamental modes of pure anatase crystal phase are located at 143 [Eg(1)], 197 [Eg(2)], 395 [B1g(1)], 514 (A1g), and 640 [Eg(3)] cm<sup>-1</sup>.

**DNA-laddering assay.** DNA was isolated from each sample and separated by agarose gel electrophoresis, according to the previously described protocol at Lagopati *et al.* (6). Images of intact and/or ladder DNA were obtained to certify the effect of the Ag/TiO<sub>2</sub> NPs on apoptotic cell death.

**3D organotypic model development.** Airway fibroblasts were embedded in type I collagen, allowing contraction of the gel mimicking the underlying submucosa. Positively selected HBEC-CDC6 Tet-ON (normal human bronchial epithelial) cells were seeded on top of the contracted layer and upon attachment of HBECs on the underlying stroma, the organotypic culture was submerged into the appropriate medium and then lifted to an air-liquid interface, while cell growth was performed at 37°C with 5% CO<sub>2</sub>. Matrigels were collected, formalin fixed, and paraffin embedded (23).

**Statistical analysis.** Values in each experiment are presented as means±standard deviation and statistically significant differences between the values of the samples were evaluated by one-way analysis of variance (ANOVA) as well as the nonparametric Kruskal–Wallis method using SPSS (IBM Corporation, Armonk, NY, USA); *p*<0.05 value was considered as statistically significant. We initially chose ANOVA since it allows the total variance to be broken down into 2 parts: the variation within each sample and the variation between the groups. Thus, it is the best choice for cross checking all treatment conditions (control, UV-A, Ag/TiO<sub>2</sub>, photoexcited Ag/TiO<sub>2</sub>, cis-platin) (24). However, we additionally utilized the nonparametric Kruskal–Wallis test (25), since the number of our measurements did not allow us to verify whether the values follow a normal distribution or not. The results that were obtained from the two methods were similar. Moreover, the Bonferroni method was employed as a posthoc tool to specify the pairs of analyzed data that are statistically significantly different (26).

## Results

**Ag/TiO<sub>2</sub> NPs Characterization.** The crystallinity of the Ag/TiO<sub>2</sub> NPs was examined through XRD. Figure 1A depicts the recorded X-Ray diffraction diagram. Anatase (A) was the dominant crystal phase of TiO<sub>2</sub> that was detected, with the highest diffraction peak intensity being at 2θ=25.35°, which corresponds to the anatase (101) crystal phase. The rest of the detected peaks of anatase that were spotted were found in accordance with the ICDD File No 03-065-5714. The average crystallite size of the TiO<sub>2</sub> powders can be estimated through Scherrer's equation (Equation 1):

$$d = \frac{0.89\lambda}{\beta \cos \theta} \quad (1)$$

where *d* goes for the average crystalline size, 0.89 corresponds to the Scherrer's constant, *λ* goes for the X-ray wavelength, *θ* is the diffraction angle and *β* stands for the FWHM (full-width-half-maximum). Using the main peak of anatase (101) at 2θ=25.35° (27), the average crystallite size of the Ag/doped TiO<sub>2</sub> NPs was estimated to be approximately 17 nm.

Ag/TiO<sub>2</sub> NPs morphology was examined by Field Emission Scanning Electron Microscopy (FEG-SEM). Selected images are shown in Figure 1B. It seems that the tested Ag/TiO<sub>2</sub> NPs consist of grains in the range of nanometers and there is homogeneity. These data are in agreement with the aforementioned XRD results.

Figure 1C presents the Raman spectrum of the Ag/TiO<sub>2</sub> NPs, identifying the formation of single anatase nano-

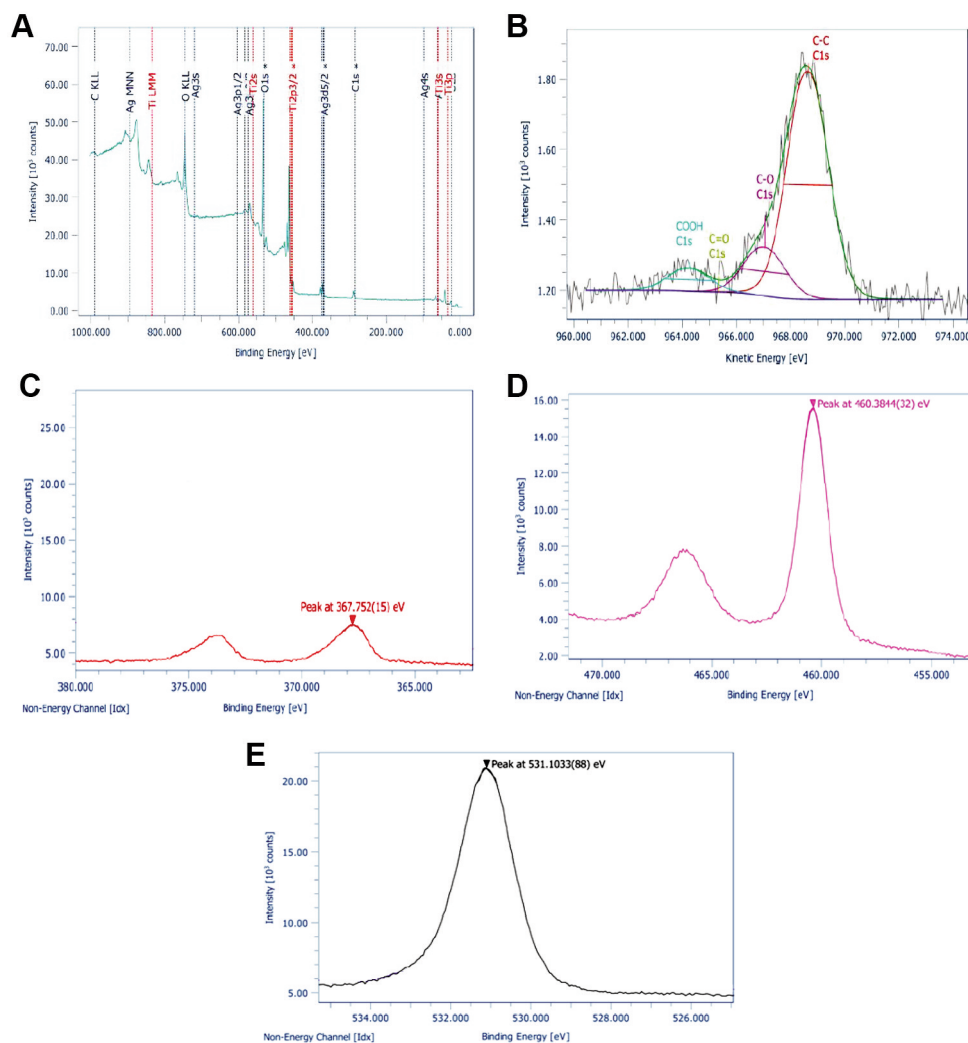


Figure 2. (A) Wide survey with high resolution XPS (X-ray photoelectron spectroscopy) spectra of Ag/TiO<sub>2</sub> NPs (silver-modified TiO<sub>2</sub> nanoparticles) for (B) C1s, (C) Ag3d, (D) Ti2p and (E) O1s.

crystalline phase. This finding was obtained through the observation of all the peaks which correspond to the Raman fundamental modes of pure anatase crystal phase, located at 143 [Eg(1)], 197 [Eg(2)], 395 [B1g(1)], 514 (A1g), and 640 [Eg(3)] cm<sup>-1</sup>. This result indicates the stabilization effect for the anatase phase as well as the inhibition of the anatase-brookite-rutile phase transformation, which was related to the silver treatment. These findings are in accordance with the relevant literature for Raman analysis (28).

XPS analysis was also performed in order to examine the elemental composition and the superficial chemistry of the Ag/TiO<sub>2</sub> NPs. All expected peaks according to the chemical synthesis protocol and design were detected. Thus, Ti2p (TiO<sub>2</sub> state), O1s (O in TiO<sub>2</sub> state), C1s (hydrocarbon state) were obtained through XPS analysis. Figure 2A depicts the wide

survey spectrum of Ag/TiO<sub>2</sub> NPs, detecting the peaks of Ti, O, Ag and C. Figure 2B shows a detailed spectrum of C1s in high resolution, analyzed in C-C bonds in suboxides/hydroxides (C-O), carbonyl (C=O) and carboxyl groups (COOH). Carbonyls were not detected. X-Ray Induced Auger Electron Spectroscopy was employed for the identification of the silver. The modified Auger parameter was detected at 724.7 eV due to the silver oxide. The FWHM of Ag3d is wide enough, due to the presence of silver oxide. Figures 2C, 2D, 2E show the detailed spectra of Ag3d, Ti2p and O1s, respectively, in high resolution. Table I presents the compositional analysis, after the correction process for the sensitivity factors and the characteristics of the transit analyzer.

UV-Vis spectroscopy allows the estimation of the E<sub>g</sub> of the Ag/TiO<sub>2</sub> NPs. The presence of the metal dopant on the

Table I. Compositional analysis of Ag/TiO<sub>2</sub> (silver-modified TiO<sub>2</sub>).

| Name                | Peak BE/eV | Compound              | Atomic %   |
|---------------------|------------|-----------------------|------------|
| Ti2 <sub>p3/2</sub> | 460.3      | TiO <sub>2</sub>      | 25.76±0.14 |
| C1s                 | 285.2      | Hydrocarbon           | 16.61±0.22 |
| O1s                 | 531.1      | O in TiO <sub>2</sub> | 56.15±0.3  |
| Ag3 <sub>d5/2</sub> | 367.7      | AgO                   | 1.48±0.01  |

surface of TiO<sub>2</sub> NPs leads to a wide absorption bands, which is a characteristic of localized surface plasmon resonance (LSPR) absorption phenomenon. This is common in cases of metal-structures like silver and silver coated TiO<sub>2</sub> NPs, according to literature (29). Visually, the Ag/TiO<sub>2</sub> NPs are quite grey and not totally white compared to pure TiO<sub>2</sub>. This process of observed photochromism of the powders is associated with metal oxidation and reduction on the particles' surface. The position of the LSPR band center depends directly on the average particle size. Figure 3A presents the absorbance spectra converted to the Kubelka-Munk function, F(R), defined in equation 2 as (30):

$$F(R) = \frac{\alpha}{S} = \frac{(1-R)^2}{2R} \quad (2)$$

where  $\alpha$  is the molar absorption coefficient, S the scattering factor and R is the absolute reflectance. This methodology is usually utilized for samples, exhibiting high absorbance or light scattering (30).

The band gap energy (E<sub>g</sub>) was calculated by using Tauc's equation (Equation 3):

$$(ahv) = A(hv - E_g)^n \quad (3)$$

where A is a constant and n=2 for indirect allowed transition (31).

In fact, by employing the Kubelka-Munk method extrapolating the linear portion of (F(R)\*hv)<sup>1/2</sup> vs. hv, the bandgap was estimated at 3.1 eV (Figure 3B), which is very close to the relevant E<sub>g</sub> of the pure TiO<sub>2</sub> (3-3.2 eV). Thus, Ag/TiO<sub>2</sub> has the ability to be photo-excited upon irradiation with UV light.

Finally, DLS was employed for the determination of the hydrodynamic radius zeta potential of Ag/TiO<sub>2</sub>. The pH was 6.7-6.8. The hydrodynamic radius distribution as a function of intensity and the zeta potential are shown in Figure 4 and B, respectively. It seems that the size distribution of the Ag/TiO<sub>2</sub> presents a maximum approximately at 145 nm, with a coefficient of variation (CV)~0,99%. The zeta potential was found as ZP=(-14.8±8) mV, with a CV~40%, meaning that the dispersion was prone to form agglomerates. Thus,

rigorous mixing and the use of ultrasounds to break the aggregations were employed, shrinking the size of the NPs, and optimizing their stability before their administration to cell cultures.

*Biological Effect of Ag/TiO<sub>2</sub> NPs*

*Effect on cell proliferation.* In order to investigate the effect of Ag/TiO<sub>2</sub> NPs on cell proliferation, MCF-7 and MDA-MB-231 cells were cultured (~100,000 cells per well), with NPs dispersion concentration varying in the range of 0-0.8 mg/ml. The cell number was estimated and recorded as a function of time to generate growth rates. As a positive control for the experiments, cells treated for 24 h with cisplatin (0,8 mg/ml) were used. Cells treated with UV-A light without Ag/TiO<sub>2</sub> NPs were also utilized as an extra internal negative control, in order to ensure that the observed effect is not relevant to the irradiation itself. Therefore, we were able to exclude the case of the existence of thermal effects such as hyperthermia which would be a possible mechanism resulting in the inhibition of cell proliferation. It seems that there is no significant effect detected on cell proliferation for the MCF-7 cells, (Figure 5A). Upon irradiation with UV light there was also no significant effect on cell proliferation (Figure 5B). However, cell proliferation of the MDA-MB-231 cells, gradually inhibited in the presence of photoexcited Ag/TiO<sub>2</sub> NPs. A slight decrease was also observed in the presence of 0,8 mg/ml Ag/TiO<sub>2</sub> even without irradiation (Figure 5C). The highly malignant MDA-MB-231 cancer cells are proven to be more susceptible to the inhibition of cell proliferation or to cell death, exposed to photoexcited Ag/TiO<sub>2</sub> NPs (Figure 5D), compared to MCF-7 cells, which are not metastatic. Herein, a cell-dependent toxicity was observed (6, 7) and this cell behavior could be explained if we consider the different nature of the two cell lines. Moreover, the membrane receptors could be different and consequently, they interact with the NPs in a different way, leading to a different biological effect (32).

*Cell-viability analysis (MTT assay).* The MTT colorimetric assay was employed to estimate the cytotoxic effects of Ag/TiO<sub>2</sub> NPs on the viability of both cell lines. Hence, MDA-MB-231 and MCF-7 cells (~10,000 cells per well) were incubated, with increasing concentrations of the NPs for 48 h. The estimation of the percentage of cell viability as a function of the photocatalyst concentration was achieved through the Equation 4:

$$Cell\ Viability = \frac{OD_{treated\ sample} - OD_{background}}{OD_{untreated\ sample} - OD_{background}} \cdot 100\% \quad (4)$$

where O.D. is the Optical Density measured for each sample. A gradual decrease in cell viability was observed, as the concentration of Ag/TiO<sub>2</sub> NPs increased. More specifically, a concentration of 0,8 mg/ml Ag/TiO<sub>2</sub> reduced MDA-MB-231

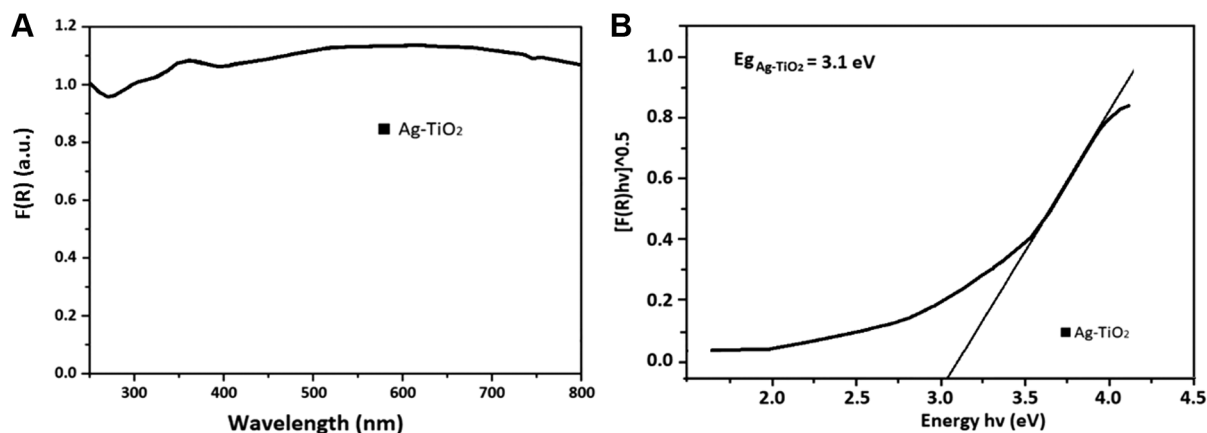


Figure 3. (A) Variation of  $F(R)$  reflectance vs. wavelength for Ag/TiO<sub>2</sub> NPs (silver-modified TiO<sub>2</sub> nanoparticles) and (B) Optical band gap energy of Ag/TiO<sub>2</sub>.

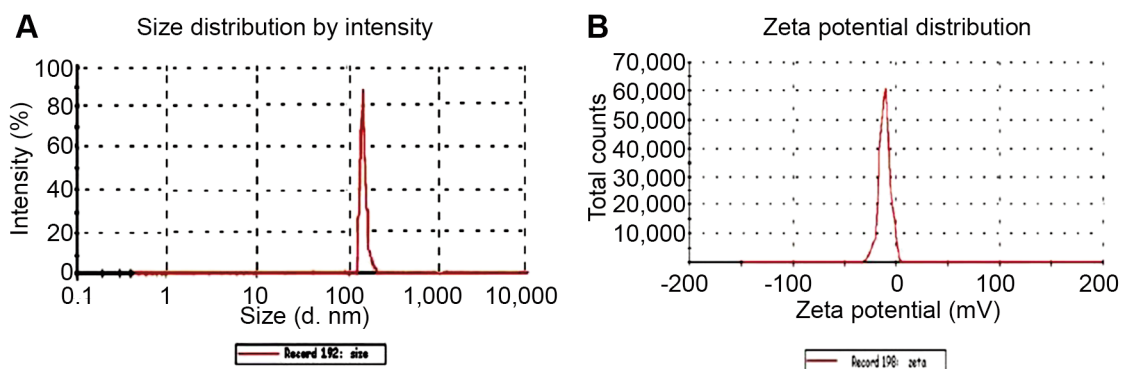


Figure 4. Dynamic light scattering (DLS) results. Distribution of the (A) hydrodynamic diameter ( $d$ , or  $2Rh$ ) and (B) zeta potential of the Ag/TiO<sub>2</sub> NPs (silver-modified TiO<sub>2</sub> nanoparticles).

cell viability by 20%, while the MCF-7 cells were not significantly affected (Figure 6A). The cytotoxic effect was more significant upon UV irradiation. Photo-activated Ag/TiO<sub>2</sub> reduced 40% the MDA-MB-231 cell population, while the same dose did not affect MCF-7 cells (Figure 6B). These series of experiments also showed a selective cytotoxicity of Ag/TiO<sub>2</sub>. Possibly, the composition of the cell membrane proteins is different in each cell line and consequently the interactions between those proteins and Ag/TiO<sub>2</sub> NPs are different in each case. This hypothesis could explain why the MCF-7 cells were not affected at all. It is also well established that stem cell characteristics are demonstrated in the triple negative MDA-MB-231 cells, like high expression of cancer stem cells (SCCs) markers CD44<sup>+</sup>/CD24<sup>low/-</sup> and high activity of aldehyde dehydrogenase (ALDH). These features are associated with stem cell self-protection (33). The presence of the xenobiotic transporter (BCRP) on MCF-7 cells can also

explain their resistance in this treatment, since BCRP is considered to contribute to multi-drug resistance (34).

*Apoptosis activation upon Ag/TiO<sub>2</sub> or photo-activated Ag/TiO<sub>2</sub> treatment.* It is well known that cell apoptosis is characterized by various morphological, biochemical and functional changes that are mediated by the activation of caspases. One of the main cleavage targets of activated caspases is PARP (113 kDa). PARP plays an important role in DNA repair, responding to an exposure to stress stimuli (35). PARP cleavage leads to an impaired enzymatic DNA-repair potential. In this regard, PARP cleavage can provide a reliable marker of cells that undergo programmed cell death (36, 37).

Western blot analysis was employed for the examination of PARP cleavage in both MCF-7 and MDA-MB-231 cells that treated with Ag/TiO<sub>2</sub> or photo-activated Ag/TiO<sub>2</sub>. Furthermore, cell lysates from samples that had been treated

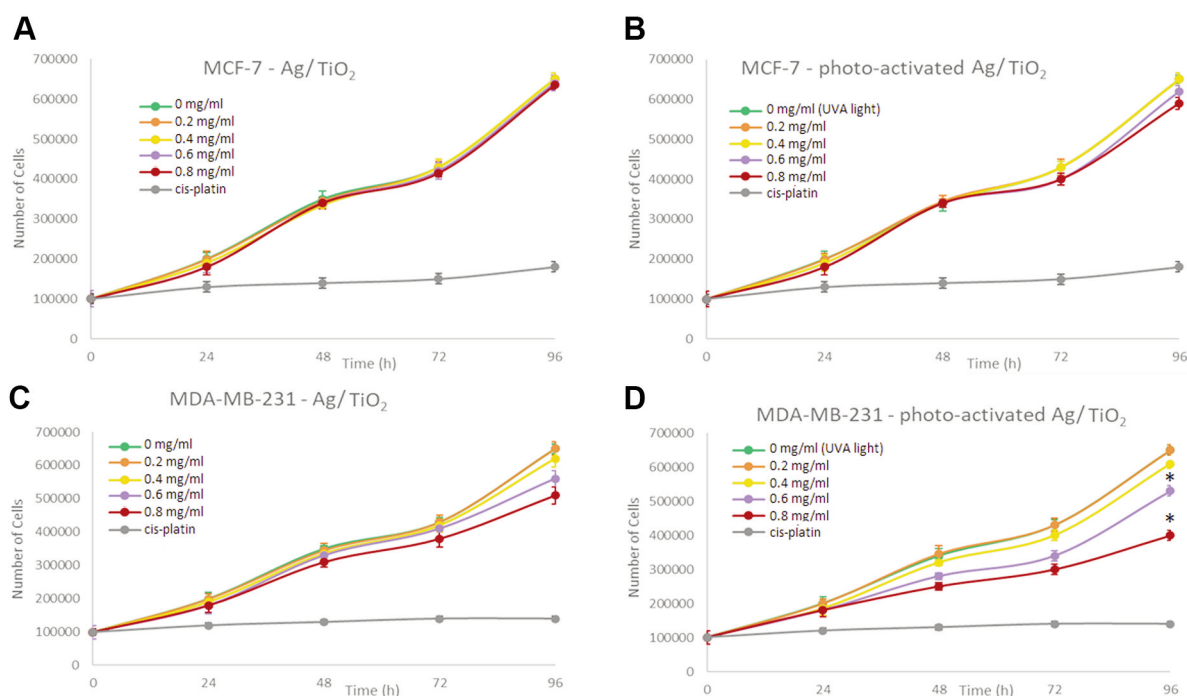


Figure 5. Effect of Ag/TiO<sub>2</sub> NPs (silver-modified TiO<sub>2</sub> nanoparticles) on (A) MCF-7 (low metastatic potential) and (B) MDA-MB-231 (human breast adenocarcinoma, highly invasive) breast cancer epithelial cell proliferation. Effect of photoexcited Ag/TiO<sub>2</sub> NPs on the proliferation of (C) MCF-7 and (D) MDA-MB-231 breast cancer epithelial cells. Untreated cells were used as a negative control. Moreover, cells treated with UV-A light without TiO<sub>2</sub> were used as an extra negative control. As a positive control, cells treated for 24 h with cis-platin (0.8 mg/ml) were used. \**p*<0.05 vs. negative control (untreated) cells, based on the Kruskal-Wallis test. Data represent the mean±standard deviation from five independent experiments.



Figure 6. Effect of (A) Ag/TiO<sub>2</sub> NPs (silver-modified TiO<sub>2</sub> nanoparticles) and (B) Photo-excited Ag/TiO<sub>2</sub> NPs on the viability of MCF-7 (low metastatic potential) and MDA-MB-231 (human breast adenocarcinoma, highly invasive) breast cancer epithelial cells. \**p*<0.05 vs. negative control, based on the Kruskal-Wallis test. MTT assay was employed to determine cell viability. Data represent means±standard deviation from five independent experiments.

for 24 h with cisplatin (0.8 mg/ml) were used as a positive control for our experiment, inducing PARP cleavage.

Representative blots of uncleaved and cleaved PARP on both the cell lines are depicted in Figure 7. It is quite clear

that PARP cleavage was remarkably increased in MDA-MB-231 cells treated with Ag/TiO<sub>2</sub> and, even more significantly, in those treated with photo-excited Ag/TiO<sub>2</sub> with UV-A, when comparing the obtained results with the untreated cells.



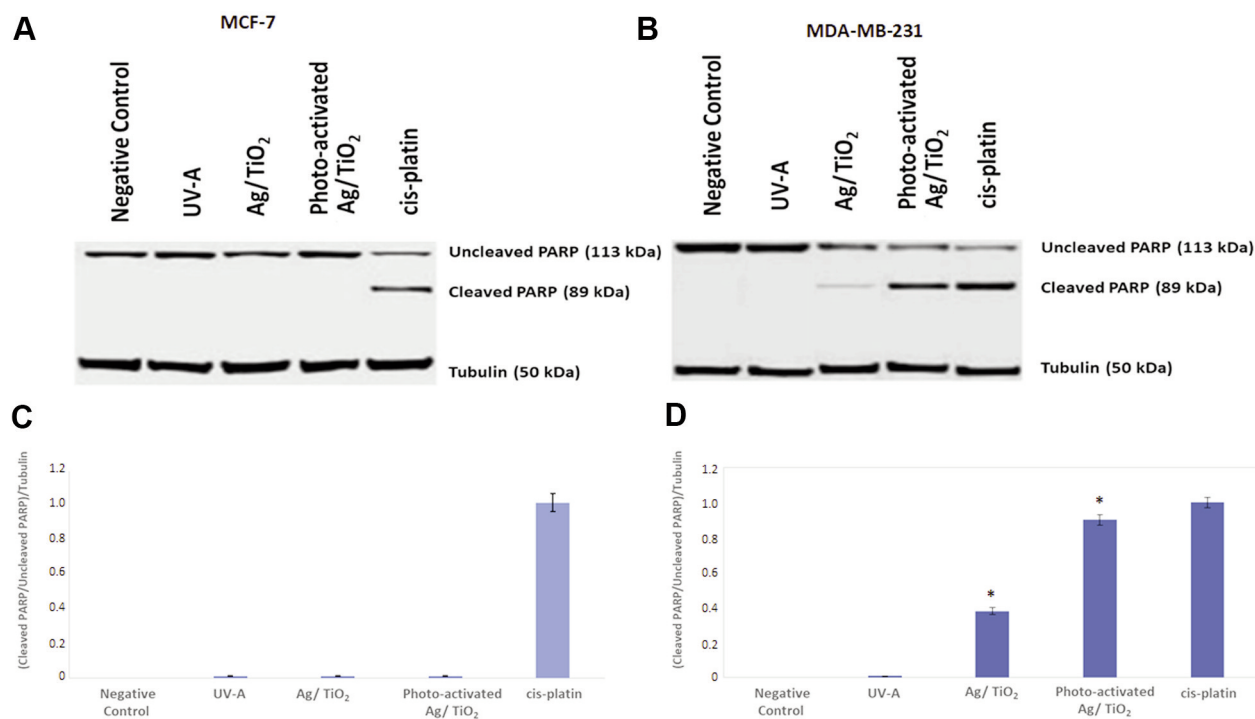


Figure 7. Ag/TiO<sub>2</sub> NPs (silver-modified TiO<sub>2</sub> nanoparticles) and photo-activated Ag/TiO<sub>2</sub> NPs induce PARP cleavage. Representative immunoblots of cleaved and uncleaved PARP of MCF-7 (low metastatic potential) cells (A and C) and MDA-MB-231 (human breast adenocarcinoma, highly invasive) cells (B and D). Blots were probed with anti-tubulin antibody, to ensure equal protein levels in each sample. Quantification of cleaved/uncleaved PARP [poly(adenosine diphosphate ribose) polymerase] to tubulin levels for \**p*<0.05 was held, compared to the relevant ratio of untreated cells and based on the Kruskal-Wallis test. Cells treated with cisplatin (0.8 mg/ml) for 24 h were also used as a positive control for the induction of PARP cleavage. Data represent means±standard deviation from three independent experiments.

These findings show that Ag/TiO<sub>2</sub> has the potential to induce apoptosis in MDA-MB-231 cells (Figure 7B and D). We did not detect PARP cleavage in MCF-7 cells, following the same procedure (Figure 7A and C).

The Bcl-2 family of proteins consists of a number of evolutionarily conserved members, playing crucial roles in cell apoptosis regulation, either promoting or inhibiting the cytochrome C release into the cytosol. This fact consequently triggers caspase-9 and caspase-3 activation and leads to apoptosis. More specifically Bcl-2 family proteins can regulate apoptosis by controlling mitochondrial outer membrane permeabilization (MOMP), a pivotal step in the apoptosis intrinsic pathway. Hence, the expression of the antiapoptotic factors Bcl-2 and Bcl-xL, as well as the expression of the proapoptotic factors Bax, and Bad was also examined to further clarify the apoptotic mechanism. Cells were treated with photoexcited Ag/TiO<sub>2</sub> and cell lysates were immunoblotted and probed with anti-Bcl-2, anti-Bcl-xL, anti-Bax, and anti-Bad antibodies. Cells treated for 24 h with cisplatin (0.8 mg/ml) were used as a positive control for apoptosis induction.

Representative immunoblots blots of Bax, Bcl-2, Bad and Bcl-xL expression, obtained from in both cell lines are

presented in Figure 8. Ag/TiO<sub>2</sub> and more significantly photoexcited Ag/TiO<sub>2</sub> NPs led to an increase in Bax expression in MDA-MB-231 (Figure 9B and D), when compared to untreated cells. This finding is in agreement with the PARP cleavage that was found in the corresponding samples (Figure 7B and D). Moreover, a decrease in Bcl-2 expression was noticed in the same samples (Figure 9B and D). Under the same conditions, no significant effect was detected in MCF-7 cells in the expression of all the examined proteins (Bcl-2, Bax, Bcl-xL, Bad).

**DNA-laddering assay.** DNA-laddering assay is a widely used method for separation of DNA fragments, depending on their size and charge (38, 39). Cellular DNA damage treated with Ag/TiO<sub>2</sub> NPs was investigated through this assay. As shown in Figure 10, DNA fragmentation was induced by photoexcited Ag/TiO<sub>2</sub> NPs and very slightly by Ag/TiO<sub>2</sub> NPs in MDA-MB-231 cells, if we compare these samples with the untreated cells (Figure 10B). The motif of fragmentation was quite similar to the fragmentation we noticed in the sample treated with cis-platin (0.8 mg/ml) for 24 h. Cells irradiated with UV-A exhibited no significant DNA fragmentation.

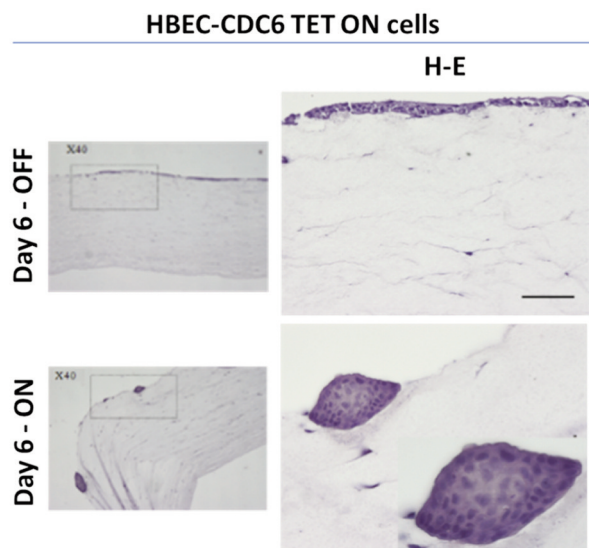


Figure 8. Representative images of the HBEC (normal human bronchial epithelial cells) -CDC6 Tet ON cellular model, grown in 3D organotypic conditions and stained for H-E (hematoxylin-eosin). The epithelial origin of HBECs is similar to various other cancer types, and in their un-induced state [(A) “OFF” state], they lack mutations found in cancer cells. This 3D organotypic model allows the precise and reliable detection of amassing DNA alterations during CDC6-induced senescence [(B) “ON” state] (23).

MCF-7 showed exactly what we have noticed in the previous experiments, *i.e.*, the DNA-laddering pattern was not detected (Figure 10A). These results are in accordance with the PARP cleavage (Figure 7) and Bax and Bcl-2 expression (Figure 9), indicating apoptosis.

## Discussion

Nanostructured Ag/TiO<sub>2</sub> was synthesized *via* the sol-gel method. Enhanced photocatalytic activity was observed, since the time needed for the efficient photo-activation was approximately 10 min. Previous studies from our groups had shown that TiO<sub>2</sub> induced apoptosis only after a 20-min-irradiation with UV-A. Thus, silver modification allowed an optimization of the photocatalytic cytotoxicity that was controllably triggered in order to lead cancer cells to apoptosis. Full characterization, applying XRD, SEM, micro-Raman spectroscopy, UV-Vis spectroscopy and DLS verified the chemical modification TiO<sub>2</sub> with silver as well as the characteristics of the produced nanomaterial. The cytotoxicity tests (growth rates and MTT assay) of Ag/TiO<sub>2</sub> NPs have indicated inhibition in cell proliferation of the MDA-MB-231 cells. The MCF-7 cells were resistant to the treatment, thus no significant effect on cell proliferation was observed. The results of Ahamed *et al.* are in accordance

with our findings as they also indicated that Ag/TiO<sub>2</sub> NPs did not cause cytotoxicity to human pulmonary cancer cells (A549) as well as MCF-7 cancer cells (40). They also found a cell-type selectivity, as they showed that Ag/TiO<sub>2</sub> NPs had a significant effect on cell viability of human liver cancer (HepG2) cells. Our results are in contrast with the results of Murugan *et al.* who reported that TiO<sub>2</sub> NPs exhibit a dose-dependent cytotoxicity in MCF-7 cells; however, the material they used is commercially available and non-modified. Moreover, the synthesis process is different and there was no photo-activation of the TiO<sub>2</sub> photocatalyst, thus any comparison of the results would not be based in the same experimental conditions (41).

Hence, we have shown that a selectivity of the produced Ag/TiO<sub>2</sub> toward specific cancer cells occurs. There were also various studies indicating that TiO<sub>2</sub> NPs can affect some of the cellular functions, such as inhibition of cell proliferation and decrease in viability when tested in human skin-derived cells (42). Many hypotheses have been proposed regarding the mechanism through which TiO<sub>2</sub> NPs potentially induce apoptosis or inhibit cell proliferation (32). TiO<sub>2</sub> particle-mediated cell toxicity could be interpreted, considering the interactions between cells and particles. However, to date, the specific interactions between TiO<sub>2</sub> NPs and membrane proteins are not totally understood. The surface characteristics of the TiO<sub>2</sub> NPs seem to be pivotal factors in the bioactivity the NPs (43). In addition, we have already completed a preliminary series of experiments, testing TiO<sub>2</sub> on Human Embryonic Kidney Cells (HEK293) and we have not detected any effect on cell viability. Among our aims is to investigate the biological effect of Ag/TiO<sub>2</sub> on various skin precancerous and melanoma cells, as we think that photo-activated Ag/TiO<sub>2</sub> might be used as a photosensitizer in an alternative photodynamic therapy, and thus superficial cancers like skin cancers would be the ideal biological system for this application.

The mechanism provoking this selectivity remains an unclarified field for further investigation. The possible mediated mechanism, that leads to the inhibition of cell proliferation is possibly through ROS generation, since previous studies also suggested that TiO<sub>2</sub> NPs create a large amount of reactive oxygen species, that may potentially lead to DNA damage (5, 44-46). Various studies indicate that TiO<sub>2</sub> NPs might induce apoptotic cell death in human non-small cell lung cancer cells (47), in human colon carcinoma cells (48) and others (32, 49, 50). This study aimed to evaluate the apoptotic potential of Ag/TiO<sub>2</sub> NPs. For this reason, two different breast cancer epithelial cell lines: the highly malignant MDA-MB-231 and the low metastatic MCF-7 cells. Our results showed that the efficacy of Ag/TiO<sub>2</sub> NPs to induce apoptosis in MDA-MB-231 cells was significant. Herein MDA-MB-231 cancer cells seemed to be more susceptible to apoptosis, induced by photo-excited Ag/TiO<sub>2</sub> NPs, compared to the lowly metastatic MCF-7 cells.

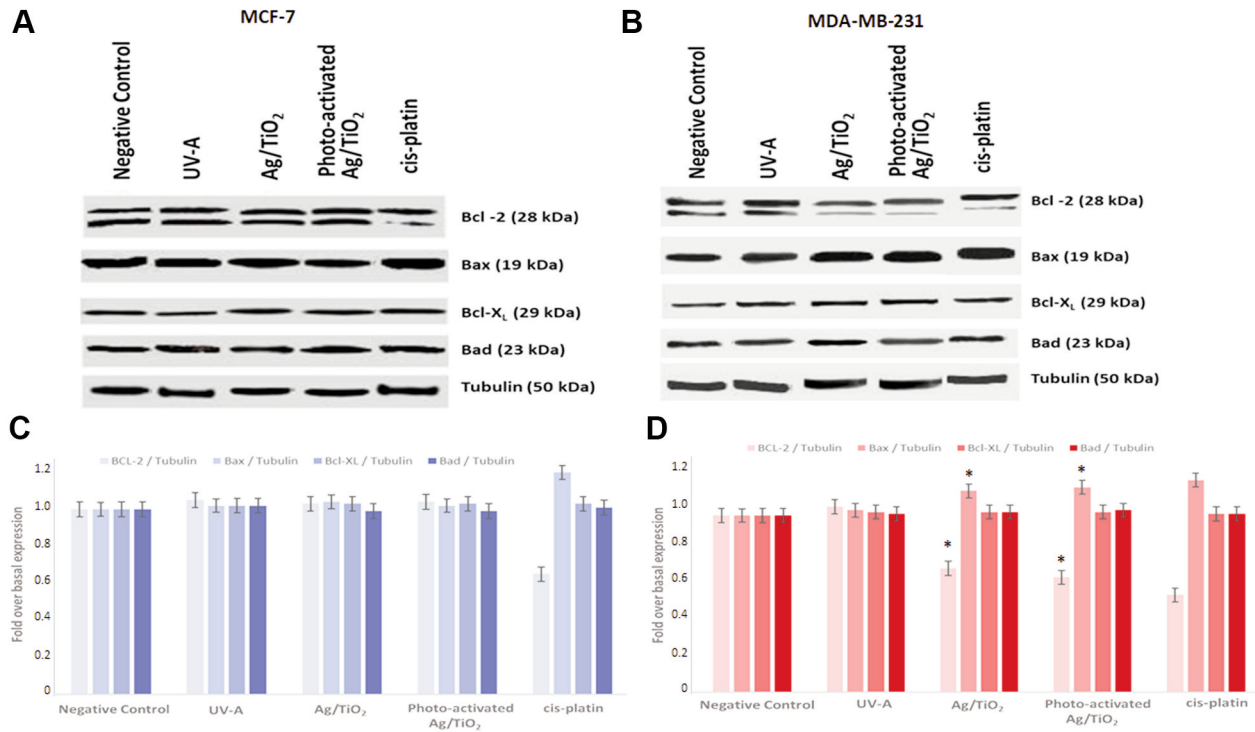


Figure 9. Ag/TiO<sub>2</sub> NPs (silver-modified TiO<sub>2</sub> nanoparticles) and photo-activated Ag/TiO<sub>2</sub> NPs increased Bax expression and decreased Bcl-2 expression in MDA-MB-231 (human breast adenocarcinoma, highly invasive) cells. Representative immunoblots for Bcl-2, Bax, Bcl-xL and Bad expression in both cell lines are presented. Blots were also probed with anti-tubulin antibody for normalization. Densitometric quantification of Bcl-2/tubulin, Bax/tubulin, Bcl-xL/tubulin and Bad/tubulin as fold over basal rate (control cells) in (B and D) MDA-MB-231 cells and (A and C) MCF-7 (low metastatic potential) cells was performed, compared to the relevant ratios of untreated cells. Cells treated with cisplatin (0.8 mg/ml) for 24 h were also used as a positive control for the induction of Bcl-2 family of proteins deregulation. \**p*<0.05 vs. negative control, based on the Kruskal-Wallis test. Data represent means±standard deviation from three independent experiments.

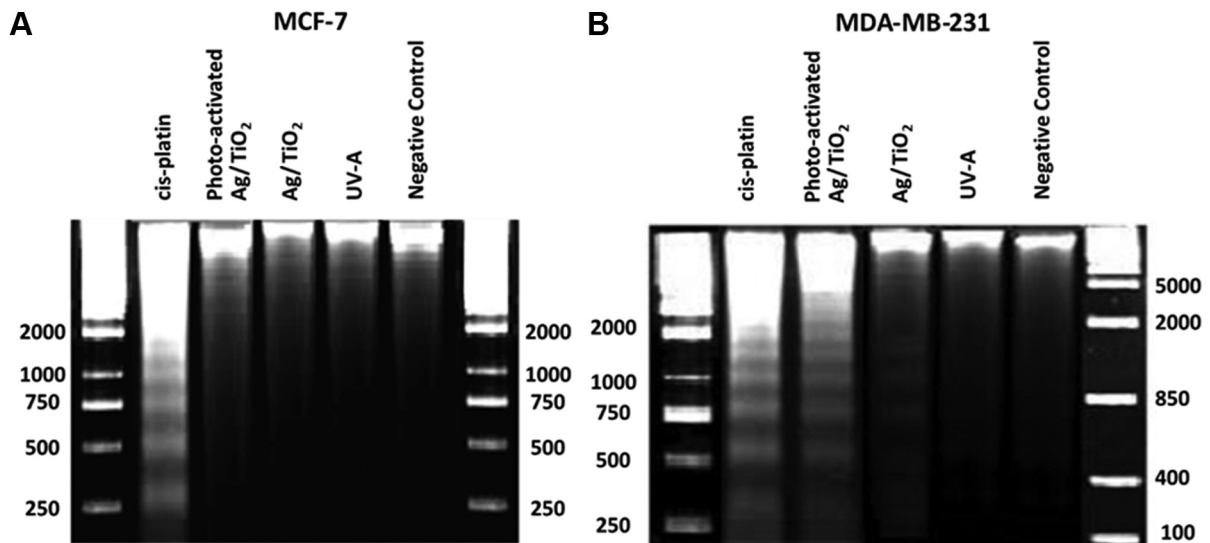


Figure 10. Photo-activated Ag/TiO<sub>2</sub> NPs (silver-modified TiO<sub>2</sub> nanoparticles) induced DNA laddering in the MDA-MB-231 (human breast adenocarcinoma, highly invasive) cell line. Representative patterns of DNA laddering in (A) MCF-7 (low metastatic potential) and (B) MDA-MB-231 cells. Cells treated for 24 h with cisplatin (0.8 mg/ml) were used as positive controls for the induction of DNA laddering.

Caspases play an important role in the apoptotic process, as their activation results in impaired cell function and programmed cell death (51). PARP is considered to be one of the main cleavage targets of caspases. During apoptosis, PARP is broken down into the inactive 89 and 24 kDa fragments. The DNA-binding domain of cleaved PARP is localized in the small fragment and it can thus inhibit access by other repair enzymes. The role of the big fragment (89 kDa) which is localized at the nucleoplasm during the apoptosis implementation, is to configure the activity of other proteins which are involved in apoptosis (*e.g.*, p53) (52).

Bcl-2 family proteins, regulating the mitochondrial permeability, also play an important role in cell apoptosis. Various studies demonstrated that TiO<sub>2</sub> NPs have the ability to induce apoptosis and are detected with increased expression of the proapoptotic protein Bax (53). We also indicated that photo-activated Ag/TiO<sub>2</sub> can increase the Bax expression and decrease the Bcl-2 levels in MDA-MB-231 cell line. Since it is known that during the late stages of apoptosis DNA fragmentation takes place (54), we also tried to certify the prevalent mechanism, through the DNA laddering assay. We noticed that DNA fragmentation took place in MDA-MB-231 cells.

Among our main perspectives is to focus our effort on the effect of the modified TiO<sub>2</sub> NPs on senescence, apart from apoptosis. We recently developed a cellular system based on normal human bronchial epithelial cells (HBECs) (23). HBEC system carries a CDC6-TetON overexpression cassette. The origin of HBECs is epithelia, like most common cancer types. Being at un-induced state ("OFF" state), HBECs are free from the mutation burden which is typically found in cancer cells. This permits precise and reliable detection of amassing DNA alterations during CDC6-induced senescence ("ON" state). It might be very promising to apply the modified TiO<sub>2</sub> NPs on the 3D-organotypic (Figure 8) cell culture conditions we have developed, which simulates a tissue related context, in addition to/as a substitute of *in vivo* studies.

Among our priorities is the optimization of the method by replacing ultraviolet with visible light. This is achievable through chemical modification with nitrogen, co-modification with metals and non-metals or even triple modification. The coating of the produced materials with smart polymers, stimuli responsive, such as the IP network microgel pNipam-co-PAA have shown promising results (5) and are still under investigation. The coating can modify the oxidative behavior of NPs and enhance their bioactivity. Green synthesis of silver is also in our plans. Based on some preliminary experiments we suggest these methods that are eco-friendly and avoid toxic reagents (55).

Our promising findings and others derived from our previous intensive studies (6, 7), demonstrate that photo-activated TiO<sub>2</sub> NPs can be considered as an anticancer agent that could be applied locally, followed by light irradiation

focused on the tumor area. The cancer cells might be selectively affected by a light beam, introduced through a fiber optic close to a tumor region in parallel with a TiO<sub>2</sub> NPs injection. The great advantage of this potential therapeutic scheme is that TiO<sub>2</sub> NPs are biocompatible and thus they do not affect healthy tissues, avoiding the undesirable side effects of the traditional anticancer approaches.

Such an alternative approach based on the utilization of NPs might be very favourable, taking into account that the multidrug-resistance of the tumor cells remains a major obstacle to the success of chemotherapy.

## Conclusion

Nanostructured Ag/modified TiO<sub>2</sub> was synthesized and characterized in order to be used for the investigation of their cytotoxicity on MCF-7 and MDA-MB-231 cells. An inhibition of cell proliferation on MDA-MB-231 cells was observed, while MCF-7 were unaffected. The precise molecular process involved in the preferential death of highly malignant cancer cells remains unclarified. Experiments for further investigation of this mechanism are in progress. However, our findings show that the TiO<sub>2</sub> nanoparticle cytotoxicity can upregulate the proapoptotic Bax expression, downregulating the antiapoptotic Bcl-2 expression. DNA damage and caspase-mediated PARP cleavage are also associated phenomena, and this means that cell apoptosis is the prevalent mechanism of cytotoxicity.

The design and development of an alternative photodynamic cancer therapy that can be activated upon visible light irradiation, in parallel with a drug delivery approach, using smart polymers that might allow the controllable release of the catalyst in the biological system, maintaining the photo-induced activity of the smart composite. Our promising results show that photoexcited Ag/TiO<sub>2</sub> might be considered as an anticancer agent. Hence, an alternative approach based on the use of nanomaterials might be very intriguing, if we consider that multidrug-resistance of tumor cells is a common major obstacle to the success of a chemotherapy in addition to undesirable side effects.

## Conflicts of Interest

The Authors declare that there are no conflicts of interest.

## Authors' Contributions

Conceptualization V.G.G. and E.A.P.; investigation N.L., D.V., M.A.; supervision, V.G.G., E.A.P., M.G., P.F., E.-P. C. T., A.K.; funding acquisition, V.G.G.; methodology, N.L., A.K., I.P., A.B., T.F., D.S.T., P.K.; resources V.G.G., E.A.P., P.F., E.-P. C. T.; formal analysis N.L., A.P., K.E.; visualization N.L., D.V., K.E.; statistical analysis N.L., S.K.; validation N.L., A.K., K.E.; writing the original draft N.L., D.V., A.P., M.A., K.E.; writing, reviewing and editing N.L., P.F., I.P., T.F., E.-P.C.T., M.G., A.K., E.A.P. and V.G.G.

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